



NEWSLETTER SEPTEMBER 2008 VOLUME 1 ISSUE 5

Save the date for 2008/2009  
Meetings (all meetings are held at  
Highlands Church, 9050 E.  
Pinnacle Peak Rd.)

Thursday, September 18 11am  
Healthy Communications,  
Depression, Eating Disorders  
and Self Injury presented by  
Jan Hamilton formerly from  
Remuda Ranch for parents

Tuesday, October 21 1:30pm  
(Half-day PV District) Drugs &  
Internet Safety Talk Geared for  
Kids, Presented by Scottsdale  
Police Department for kids

Thursday, November 13 11am  
What "Kid" Crimes Are Going  
on in Your Neighborhood?  
Presented by Probation  
Department for parents

Thursday, December 11 11am  
Open Discussion/Prevention  
Tactics

Thursday, January 15 11am  
How to Tell If Your Child is  
Under the Influence presented  
by Drug Recognition Officer  
for parents

Tuesday, February 10 1:30pm  
(Half-day PV District) Keeping  
Kids Safe from Bullying and  
Abuse presented by CASA for  
Kids

Thursday, March 5 11am  
Community Bridges/Current  
Trends Facing Our Youth

Tuesday, April 28 1:30pm  
(Half-day PV District)  
"Dangers of Smoking" Talk  
Geared for kids presented by  
Scottsdale Health Care

## Did you know?

Out of eighty-one G rated movies 50% show some kind of Alcohol reference.

You should be talking to your kids about Alcohol by age 7. Talk to your kids – help explain to them what is appropriate and what is not appropriate.

One out of five teens is abusing prescription drugs – this new trend is dangerous resulting in addiction, overdose and even death.

Last year, more Valley teens died from prescription drug overdoses than from heroin, meth, and cocaine overdoses combined.

By the time your child is in 3<sup>rd</sup> grade they should understand the "idea" of drug addiction and that drug use can become a very bad habit that is difficult to stop.

Start talking to your kids today – don't wait till they become a statistic.

Take a step in prevention by having your alcohol and over the counter medications locked up for \$65 per cabinet-call Scottsdale Lock & Safe 480-991-1990.